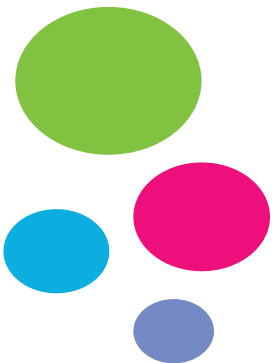


The Brain



The Emotional Brain

EXECUTIVE STATE

What can I learn from this?

**PREFRONTAL
CORTEX**

EMOTIONAL STATE

Am I loved?

LIMBIC SYSTEM

PATTERN STATE

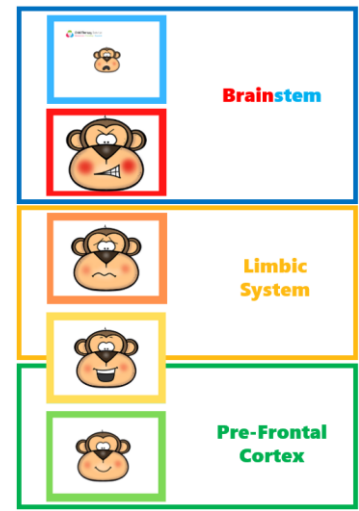
Am I in Autopilot?

CEREBELLUM

SURVIVAL STATE

Am I Safe?

BRAIN STEM



Pre-frontal Cortex - THINKING



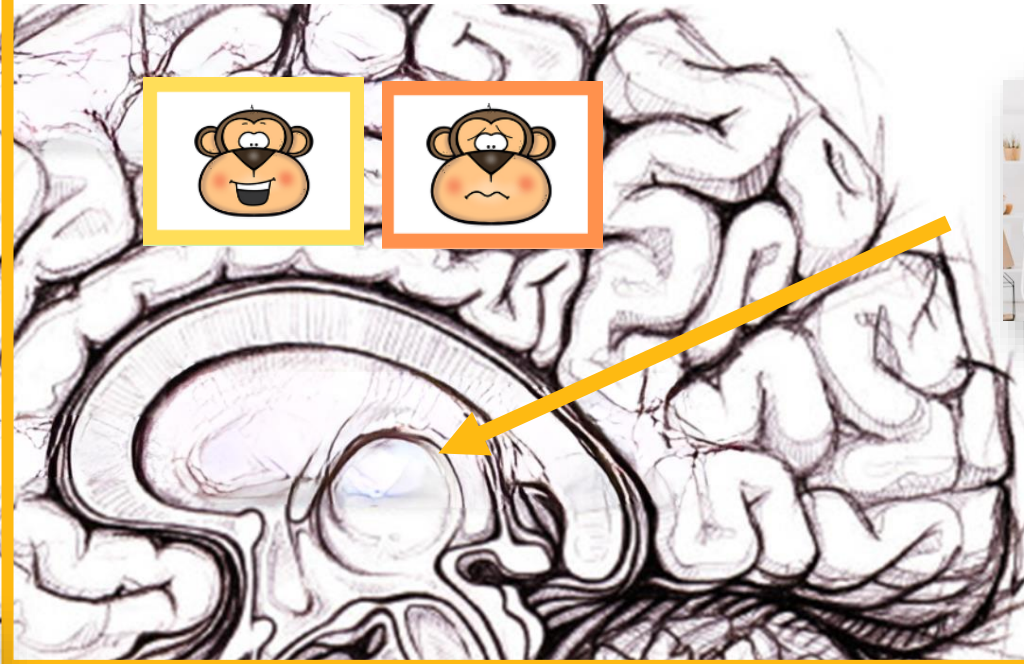
Talking



Thinking of new ideas!

What Can I Learn From This?

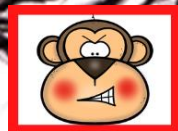
Limbic System - EMOTIONS



Emotions

Am I Loved?

Brainstem - SURVIVAL



Our Body



Safety

Am I Safe?

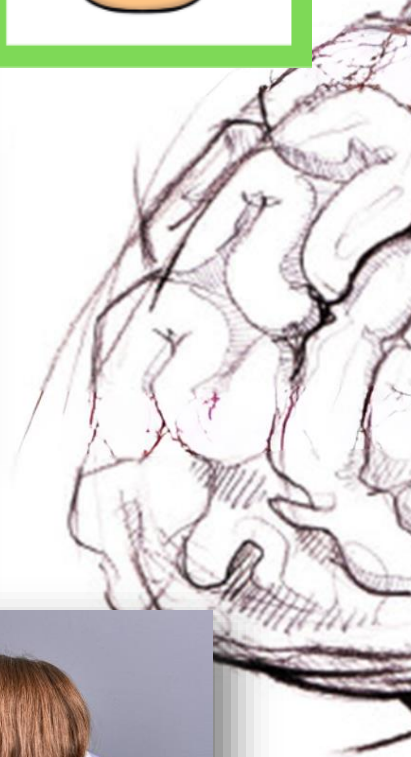
Pre-frontal - THINKING



Imagination



Empathy



Talking



**Thinking of new
ideas!**



**Making Healthy
Choices**



Problem Solving



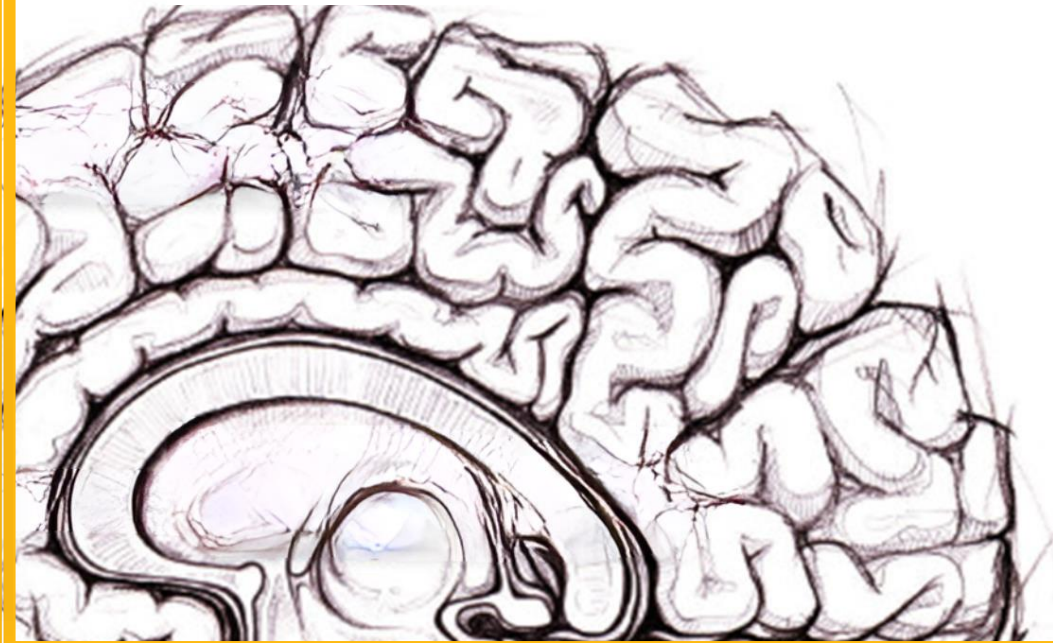
Blood Pressure



Blood Sugar Levels



Emotions



Limbic System - EMOTIONS



Tears



Sweating



Heart Rate



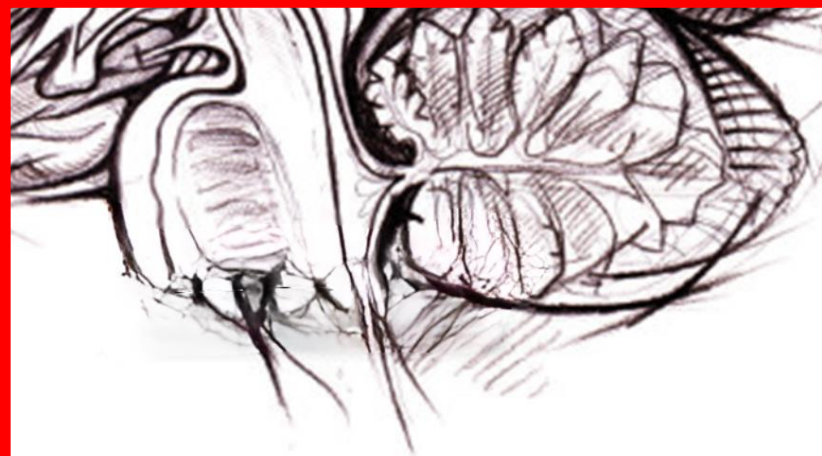
Breathing



Temperature



Sleeping



**Brainstem -
SURVIVAL**